

## Partners

**Lebenshilfen** Soziale Dienste  
GmbH (LH SD GmbH)  
<http://lebenshilfen-sd.at>

**lebenshilfe**  
*Wege für Menschen*

**CUDV** Center for qualifying, work  
and social care, Crna na Koroškem,  
Slovenia (SL)  
<http://www.cudvcrna.si/>



**FENACERCI** National Federation of  
Cooperatives and Social Solidarity,  
Portugal (PT)  
<http://www.fenacerci.pt/>



FENACERCI

**GORABIDE**, Biscay Association in  
favour of people with intellectual  
disabilities, Spain (ES)  
<https://gorabide.com/>



**Leben mit Behinderung Hamburg**  
Sozialeinrichtungen gGmbH, Ger-  
many (DE)  
<https://www.lmbhh.de/>



Visit the project's website:  
[www.coesi-project.eu](http://www.coesi-project.eu)



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*Program: Erasmus+*  
*Coordinator: Lebenshilfen Soziale Dienste*  
*GmbH, Austria (AT), [www.lebenshilfen-sd.at](http://www.lebenshilfen-sd.at)*

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**COESI**  
**Change Organisations to**  
**enable Social Inclusion**



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**“You must be the change you wish to see in the world.”**

**Mahatma Gandhi**

## Project Background

Social inclusion is one of the main principles of the UN Convention on the Rights of Persons with Disabilities.

Schools, workplaces, neighbourhoods and communities have the aim of performing the inclusion of people with intellectual disabilities and common efforts are in progress. Nevertheless there are still walls separating these citizens from the establishment of relationship with others people and from active participation in the society.

Disability care organisations can support this process and therefore encourage the active participation in society with positive impacts on the development of meaningful relationships.

In doing so, disability care organisations are faced with ever-shifting challenges in aligning its structures with social inclusion:

Along with the task of providing support, safety, and protection for people with disabilities, they should also empower them to facilitate their participation in society and to establish relationships with other people. Person-centred approaches have proven to be helpful in accomplishing these goals with the interests of the supported people at heart. Individuals are always at the centre of these approaches, valuing their role as citizens.

Shifting challenges also call for organisations to change.

## Project Aims

The overall aim of project COESI is to bring self-empowerment and social inclusion of people with intellectual disabilities into the focus of disability care and to reveal and facilitate the

organisational transformation process of disability care organisations.

COESI tackles this endeavour on various levels.

- Forms of assistance for people with intellectual disabilities will be further developed in order to enhance the possibilities to establish relationships in their social environment.
- Additional training opportunities for experts in the disability field will be created.
- Strategies and recommendations for service providers in disability care and for political decisionmakers will be formulated.

In the conceptualisation and development of all COESI project results, management, employees and people with disabilities will be involved. Their know-how and expertise are of crucial value to the project's success.

## Project Products

### ■ Self-Evaluation tool for service providers

The self-evaluation tool allows for a qualitative analysis of the degree of inclusion in the respective organisation and particular services. The focus is on the interaction between organisational structures and the further development of social inclusion.

### ■ Assessment tool for users

Using this tool people with disability can assess the impact of the services with regard to parameters of social inclusion. In evaluating and analysing services, users develop awareness for the indicators of social inclusion.

### ■ Action plan for social inclusion

The action plan combines the results of the evaluations and proposes strategies and recommendations for disability care organisations on different levels. It is intended to support organisations to implement adaptations according to their specific development towards inclusion.

### ■ Seminar for disability care workers

The seminar is developed as a measure for the change

from an institutional understanding of assistance into a person centred logic of assistance. It will focus on person centred approaches and attitudes and will offer new strategies of providing multiple kinds of support.

### ■ Seminar for managers and executives

The seminar will help managers and executives to find a productive way of dealing within the change and transformation process from an institutional logic to the strategic orientation for social inclusion.

### ■ “Fit for Inclusion”- counsellor training

In this training people with intellectual disabilities will gain additional competences to counsel organisations in terms of social inclusion based and on their knowledge and experiences.

The products will be available in all project languages (EN, ES, DE, PT and SL) and published on the project website. At the end of the project term they will be presented to the general public in a final project conference.

## Project Target Groups

- People with intellectual disabilities
- Professional disability care workers
- Managers and executives
- Disability care organisations
- Politicians, stakeholders and networks institutions, associations, and more